ORIENTATION TRIP EQUIPMENT LIST
Cabin Trailwork Trip

What to pack in: Pack in a sturdy backpack or bag that is easily carried for the ½ mile between the road and the Cabin. No wheeled luggage please! Bring along a small day pack for hiking during the day.

Essential Gear
Clothes
- 2 tee-shirts
- 1 pair of shorts
- 1 bathing suit (can use shorts for swimming, with a sports bra for women)
- 1 pair lightweight pants; no jeans – they get wet and cold. Leggings are fine.
- 2 wool or fleece sweaters, or 1 fleece and 1 lightweight puffy jacket
- 1 set (top & bottom) synthetic long underwear, such as polypropylene or capilene. Any types containing cotton are not acceptable. Cotton robs the body of essential heat when it is wet.
- 1 wool or fleece hat
- 1 hat for sun and bug protection
- underwear for 4 days
- 3 pairs wool socks
- 1 pair wool or fleece mittens or gloves
- rain gear: rain jacket & pants are ideal
- sturdy hiking boots or sneakers

Gear
- sleeping bag (pack this inside a tough garbage bag inside its regular stuff sack to help ensure dryness)
- daypack (a small backpack or book bag is fine)
- 1 of each: cup, bowl, spoon (no glass)
- 2 water bottles (no glass)
- flashlight or headlamp and extra batteries
- sunscreen
- sunglasses
- bug repellent
- a few extra garbage bags
- toilet kit: its contents should be those things that you cannot live without (toothbrush, toothpaste, tampons)
- small towel

Optional Gear
- camera (the Outing Club loves copies of good photos)
- journal and pen/pencil
- reading material (a small paperback)
- Slippers, sandals, or crocs for around camp
- pocket knife